

Disney-Pixar The character Joy, voiced by Amy Poehler, appears in a scene from "Inside Out."

Tween-hood isn't always about happily ever after

Pixar's new movie, 'Inside Out,' doesn't promise that everything will be all right, and that's OK.

JOSETTE PLANK



Parenting a tween is no fairy tale. Kids between the ages of 10 and 12 have one foot in child-

hood, one foot in young adulthood and straddle that murky, shifting chasm of "Who am I today?'

Tween-hood is precarious. In Pixar's new animated film, "Inside Out," 11-year-old Riley is having an especially shaky year.

On the outside, Riley's life doesn't look so bad. She has a family who loves her. She has friends. She plays ice hockey.

Riley is a good child, an easy child; she's a child who is honest and goofy and happygo-lucky

When Riley's family moves to a strange, new city and into a dirty, dingy house, complete with dead mouse, Riley's mother gently pressures Riley to put on a happy face. And Riley does try to be happy. She really does.

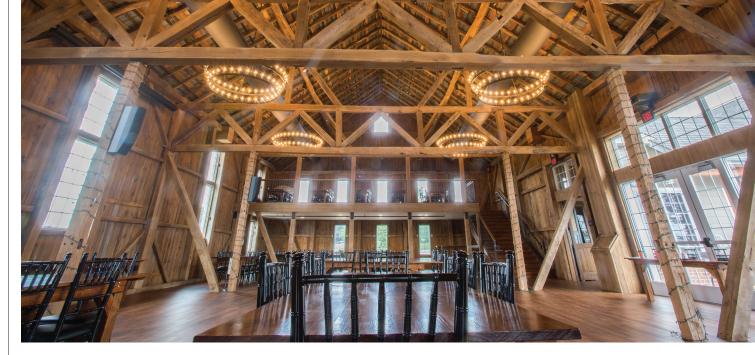
Inside Riley's head, though, things aren't going so well.

Meet the second cast of characters in "Inside Out": Joy, Sadness, Fear, Disgust and Anger.

The five emotions are in control of Riley's brain, the "Headquarters," and along with five important core memories, these emotions combine to make Riley who she is.

Up until this point, Joy has been their unofficial leader. When Riley's mother tells Riley to be happy about the move to a new city, Joy is on it, organizing the other emotions and making sure Riley thinks only happy thoughts. Everything would be perfect in Headquarters — if it weren't for Sadness. When Joy recalls a celebration after a hockey game, Sadness remembers a game the team lost. When Joy remembers jumping in puddles on a rainy day, Sadness brings up a memory of Riley's rain boots filled with water. Now, when Riley starts to feel upset about leaving her old school and friends, Joy fights off Riley's tears by cheerfully but emphatically telling Sadness to get lost. And it works ... for a while. Sadness, however, can't be covered up forever with a Joyshaped bandage, and in the fight for control in Headquarters, both Joy and Sadness become accidentally exiled. With Anger, Fear and Disgust the only emotions

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ABOVE AND LEFT: Steve Groff and his wife, Julie, converted Wyndridge Farm restaurant, brewery and event venue in Dallastown, York County, from the farm's original barn. It is home to a craft brewery and cider distillery, and 60 people are employed in the various aspects of the business. The expansive dining area, shown above, is bright and open and features exposed woodwork throughout. **BELOW:** An employee works in the brewery on the farm.

PHOTOS BY DANIEL ZAMPOGNA, PennLive

COOL SPACES

Owners of Wyndridge Farm turned tragedy into a new career

BY SEAN ADAMS | sadams@pennlive.com

The story of Wyndridge Farm in Dallastown,

"I was in a bad bike accident that changed a lot of

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on hand to interact with the

York County, begins with Steve Groff and his wife, Julie, who planned to purchase a farm so their children would have the "farm living" experience in their youth.

But Steve, an orthopedic surgeon, found the direction of that plan changing a bit after a fateful accident.

It was an opportunity for change, and the Groff family embraced it by turning their farm, a 77-acre plot of land with a renovated 120-year-old barn, into a joint restaurant, event venue, craft brewery and cider distill-

ery. "We own the whole facility," Steve said. "We employ a chef, a cider master, a brew master. We hired the best of each and gave them a place to do their work."

The restaurant, which operates on a lunch and dinner schedule Tuesdays through Sundays, opened in September.

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things for me," Steve said. "I had major back and neck surgery. My hands never felt the same. I never had the precision back in my hands for surgery."

This abrupt change might have led to disaster, but as Steve puts it, "I realized I was getting tired of medicine anyway."

IF YOU GO

» WHAT: Wyndridge Farm restaurant and event space

» WHERE: 885 S. Pleasant Ave., Dallastown, York County

» HOURS: 11 a.m.-8 p.m. Tuesdays and Wednesdays, 11 a.m.-9 p.m. Thursdays-Saturdays, 11 a.m.-7 p.m. Sundays

INSIDE

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'Nashville' actress gives fans a fix with Lancaster show

Clare Bowen talks about her character, Scarlett, her Lancaster concert and more.

BY JULIA HATMAKER

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Sept. 23 is a long way away. That's the day the new season of ABC's country music drama "Nashville" premieres.

But midstate fans of the show will be able to get their "Nashville" fix a little earlier.

The series is hitting the road, with cast members Clare Bowen and Charles Esten stopping at Lancaster County's American Music Theatre on Sunday for a sold-out show

that Bowen promises will be a party.

Bowen, an Australian who plays rising star Scarlett O'Connor, spared a few minutes to chat about the upcoming "Stars of Nashville" concert, the show and her original music.

Q: Will this be your first time in Lancaster?

A: Yes. I'm really excited. I actually have an old school friend who lives in Pennsylvania, so I'm going to be able to visit her while I'm there. It's really nice.

This is the way I've been able to discover America, basically. I don't have time to travel on holidays. But getting to go to a few places is a lot of fun.

It's been a wonderful experience, and just having come off tour, I still have the bug, so I'm glad we still get to keep going.

Q: What can fans expect from the show?

A: Well, we throw everybody a party. You can get up and dance if you want to. We'll get everybody laughing and having fun.

One of the most lovely things about touring is that we get to bring the show to fans who can't come to Nashville and we get to see new places. The show has reached so many places outside of Nashville. We've been overwhelmed by the response in the cities that we tour.

Q: Will you play any of your original music or just covers from the show?