York Daily Record

Celebrity chef dishes on **Thanksgiving**

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Thursday, November 22, 2012 | \$1.50

WHAT DO YOU



Debbie Doughty and her husband, Wayne, watch as daughter Ashley, 10, sprinkles a freshly baked brownie with powdered sugar in their Springettsbury Township home. Debbie was diagnosed with hypersensitivity pneumonitis. Debbie thought her asthma was worsening in late 2011, but she had really developed crystals in her lungs, which resembled those of a smoker.

Lifexbreath

A mother thought her family was overreacting until a doctor said she could have died had she waited another week.

By REBECCA LeFEVER

ebbie Doughty feels a mother's guilt in missing out on last year's holiday traditions with her family. "It's something that sets in, when you can't do those

things," the Springettsbury Township woman said. The "year of bad luck" started for the Doughty family in March 2011, when Debbie's husband, Wayne, was laid off. It was a long nine months of job hunting, unemployment checks and missed doctor appointments for the couple.

In the same month, Wayne's father died. In November, so did

The distance between the family and Wayne's parents was tough, too. The couple moved with their two children, Ashley and Wayne Jr., to York County from Long Island, N.Y., six years ago.

"It just seemed like things were so bad," Debbie said. As the holiday season approached, Debbie felt like her asthma was getting worse. But she ignored the chest pain and coughs. She was afraid of unwanted doctor bills that the family would have trouble paying off.

It wasn't until Ashley, now 10, became ill in February that Debbie took her to the doctor.

While the two were there, Debbie had one of her coughing fits. The inhaler she was using was prescribed for every four hours.

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Although Thanksgiving isn't officially observed in Mexico, a family embraces the American tradition to celebrate its heritage. 3A

Money & More A woman, born with a rare

brittle bone disease, used hard work and tenacity to find a job at HACC's York campus. 8A





Sports

A Special Olympian cherishes his induction into the hall of fame and the friendships he's made along the way. 1B

Three generations celebrate their love for music together as members of the York Symphony Chorus. 1C



66 I didn't know how I would go on without her.

WAYNE DOUGHTY, Debbie's husband

York County Food Bank: 'It's a real life-saver'

Deadria Berry, 63, of York, has relied on the countywide service for healthy food.

By MIKE ARGENTO Daily Record/Sunday News

A lot of people rely on the York County Food Bank to stave off hunger or to keep their children from going hungry during school holidays.

Deadria Berry relied on the food bank to save her life.

"They're saving my life whether they know it or not," said Berry, a 63-year-old York resident.

Her story begins some three

years — and 191 pounds — ago.

She had worked at a local hotel and, instead of sitting down to eat a meal while she was working, she would grab something to eat as she passed through the kitchen. She had access to all of the food the hotel served and sampled it freely.

It took its toll. She wound up weighing 394 pounds, she said.

And she was on her way to an early grave. She had two heart at-



The York Daily Record's Christmas Emergency Fund benefits the York County Food Bank, which distributes food to more than 125 organizations, including shelters, churches, senior centers and schools. To donate, send a check made payable to "YDR Christmas Emergency Fund" to: York Traditions Bank

235 St. Charles Way, Suite 150

York, PA 17402
Donations will be accepted until Jan. 31. Donors' names will be run daily in the Living section of the Daily Record/Sunday News.

tacks and two strokes, she said. lose weight. Then, she was diagnosed with dia-She tried Atkins, eating salads betes. Her doctor told her that, if

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County budget

Plan hikes taxes 8.9%

The York County commissioners are expected to vote on a final budget for 2013 on Dec. 19.

By ED MAHON

York County officials propose an 8.9 percent tax increase for 2013 that they say would end the county's run of three consecutive years without a tax increase.

"We are not pleased to have to announce a tax increase for 2013 due to funding decisions that are beyond our control," county administrator Chuck Noll said Wednesday, when he presented details on

the preliminary budget.
But he said federal and state funding cuts have left them with no

The York County commissioners are expected to vote on a final budget Dec. 19, and details could change before then.

Here's a look at how the proposed budget would impact York County residents, what county offisay is driving their areas they say they're cutting, what happens next and other budget highlights.

Impact: A taxpayer whose home is assessed at \$150,000 would pay \$678 in county real estate taxes in 2013 compared with \$623 in 2012. So the average homeowner would see a \$55 increase yearly — or \$1.06 a week, according to the county.

Total proposed budget for 2013: \$470 million with a general fund of \$188.9 million. The general fund would increase by 5.8 percent, compared with 2012.

County spokesman Carl Lindquist described the general fund as the account where commissioners have discretion on how the money is spent, while the rest of the budget is primarily money that comes from

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More online

Watch video from Wednesday's meeting and read more about the county's budget at ydr.com.

Weather

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Market

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6-8B
5C
7A
6A
4C

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2013 ROGUE AWD

she wanted to live, she'd have to



2012 FRONTIER SV4X4 KING CAB 239 per month

