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ACCENTS THAT MAKE FITNESS FUN



GET A KICK OUT FITNESS: Grab your family and head outdoors for an impromptu soccer match. Adidas soccer ball, \$14.99. **Dick's Sporting Goods.**



GIVES YOU A LIFT: This lighter 40-pound aerobic weight set is one of York Barbell's top sellers among female customers. Comes with two 10-, 5-, 2.5-pound plates and one 3-pound bar. \$50. **York Barbell.**



GREAT STOWAWAY: The perfect fit for your locker at the gym, this 18-inch purple Nike duffel bag has front and inside pockets to keep everything organized. \$25. **Dick's Sporting Goods,** 1313 Kenneth Road, West Manchester Township. **dickssportinggoods.com.**

GRAB AND GO: Easy to clean and easy to store, these colorful, vinyl fitbells are great for a variety of workouts. \$1.35 per pound. York Barbell. 3300 Board Road, Manchester Township. **yorkbarbell.com.**



TAKE SOME ME TIME: Woven on looms in India, let this meditation cushion help you destress and forget about life for a bit. Barefoot Yoga Co. Meditation Cushion. \$55. **Lotus Moon Yoga.** 36 N. Beaver St., York. **lotusmoonyoga.york.com.**

THIRST FOR A WORKOUT: Stay hydrated with this spill-proof CamelBak eddy water bottle in raspberry. \$15. **Dick's Sporting Goods.**



PULL UP A MAT: Bring your mat to your next yoga class. Made of eco-friendly, natural rubber, this jade mat is nonslip. \$65. Tote your new mat around in its own yoga mat bag, constructed of recycled materials by bette & bean bags, a member of The Bee, a community-oriented creative repurposing collective. **bringonthebee.com.** \$40. **Lotus Moon Yoga.**



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Small Duffel Featured:
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