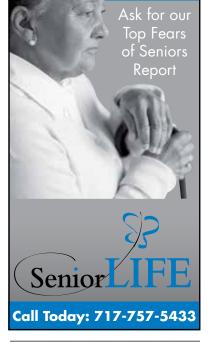
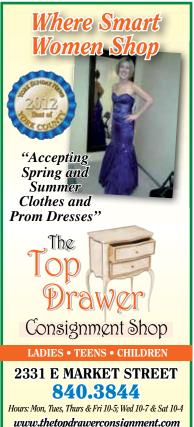
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ACCENTS THAT MAKE FITNESS FUN

By ABBY RHOAD for Smart

GET A KICK OUT FITNESS: Grab your family and head outdoors for an impromptu soccer match. Adidas soccer ball. \$14.99. Dick's Sporting Goods.



Photos by KATE PENN Tho said working out had to be a chore? With these fitness accessories, you might find yourself more than happy to head to the gym or take a yoga class after work. Whether it's to get energized or destress after a long day, this equipment is guaranteed to get you moving.

ORH

GIVES YOU A LIFT: This lighter 40-pound aerobic weight set is one of York Barbell's top sellers among female customers. Comes with two 10-, 5-, 2.5-pound plates and one 3-pound bar. \$50. York Barbell.



GREAT STOWAWAY: The perfect fit for your locker at the gym, this 18-inch purple Nike duffle bag has front and inside pockets to keep everyting organized. \$25. Dick's Sporting Goods, 1313 Kenneth Road, West Manchester Township. dickssportinggoods.com.

GRAB AND GO:

Easy to clean and easy to store, these colorful, vinyl fitbells are great for a variety of workouts. \$1.35 per pound. York Barbell. 3300 Board Road Manchester Township. york barbell.com

THIRST FOR A WORKOUT: Stay hydrated

with this spillproof CamelBak eddy water bottle in raspberry, \$15. Dick's Sporting Goods.



Bring your mat to your next yoga class. Made of eco-friendly. natural rubber, this jade mat is nonslip. \$65.Tote your new mat around in its own yoga mat bag, constructed of recycled materials by bette & bean bags, a member of The Bee, a community-oriented creative repurposing collective.

bringonthebee. com. \$40. Lotus Moon Yoga

TAKE SOME ME

TIME: Woven on looms in India, let this meditation cushion help you destress and forget about life for a bit. Barefoot Yoga Co. Meditation Cushion. \$55. Lotus Moon Yoga. 36 N. Beaver St., York. **lotus** moonyoga york.com



